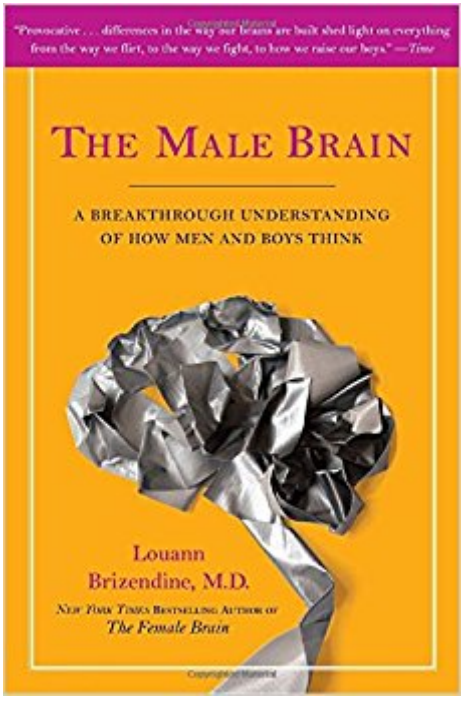
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# The Male Brain: A Breakthrough Understanding Of How Men And Boys Think




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## Synopsis

From the author of the groundbreaking New York Times bestseller The Female Brain, here is the eagerly awaited follow-up book that demystifies the puzzling male brain.Ã Â Dr. Louann Brizendine, the founder of the first clinic in the country to study gender differences in brain, behavior, and hormones, turns her attention to the male brain, showing how, through every phase of life, the "male reality" is fundamentally different from the female one. Exploring the latest breakthroughs in male psychology and neurology with her trademark accessibility and candor, she reveals that the male brain:Ã Â Ã Â Ã Â Ã Â *is a lean, mean, problem-solving machine. Faced with a personal problem, a man will use his analytical brain structures, not his emotional ones, to find a solution.Ã Â Ã Â Ã Â Ã Â Ã Â *thrives under competition, instinctively plays rough and is obsessed with rank and hierarchy.Ã Â Ã Â Ã Â Ã Â Ã Â *has an area for sexual pursuit that is 2.5 times larger than the female brain, consuming him with sexual fantasies about female body parts.Ã Â Ã Â Ã Â Ã Â *experiences such a massive increase in testosterone at puberty that he perceive others' faces to be more aggressive.The Male Brain finally overturns the stereotypes. Impeccably researched and at the cutting edge of scientific knowledge, this is a book that every man, and especially every woman bedeviled by a man, will need to own.Praise for The Female Brain:"Louann Brizendine has done a great favor for every man who wants to understand the puzzling women in his life. A breezy and enlightening guide to women and a must-read for men."Ã¢â ¬â •Daniel Goleman, author of Emotional IntelligenceÃ Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â From the Hardcover edition.

## Book Information

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## Customer Reviews

Starred Review. In this utterly fascinating follow-up to her bestselling The Female Brain, Harvard neuropsychiatrist Brizendine leads readers through the lifespan of a man’s brain, using lively prose and personable anecdotes to turn complex scientific research into a highly accessible romp. Among other salient info, readers will learn why it is what young boys seem unable to stay still (they are learning through "embodied cognition"); why behaviors may change so suddenly during puberty (among other changes, testosterone increases 20-fold); the nature of irritability in teens ("boys’ hormones prime them for aggressive and territorial behaviors"); and the ways in which chemicals, physical touch, and play bond fathers with their children. With clearly detailed scientific explanations for how characteristics like anger expression, analysis of facial expression, and spatial manipulation differ between the sexes, Brizendine’s review of brain and behavioral research should net a broad audience, from parents of boys to psychology students to fans of her first volume. Brizendine also includes an appendix regarding the brain and sexual orientation, as well as lengthy endnotes and an exhaustive reference list. --This text refers to an out of print or unavailable edition of this title.

"In this utterly fascinating follow-up to her bestselling The Female Brain, Harvard neuropsychiatrist Brizendine leads readers through the lifespan of a man’s brain, using lively prose and personable anecdotes to turn complex scientific research into a highly accessible romp. Among other salient info, readers will learn why it is what young boys seem unable to stay still (they are learning through "embodied cognition"); why behaviors may change so suddenly during puberty (among other changes, testosterone increases 20-fold); the nature of irritability in teens ("boys’ hormones prime them for aggressive and territorial behaviors"); and the ways in which chemicals, physical touch, and play bond fathers with their children. With clearly detailed scientific explanations for how characteristics like anger expression, analysis of facial expression, and spatial manipulation differ between the sexes, Brizendine’s review of brain and behavioral research should net a broad audience, from parents of boys to psychology students to fans of her first volume. Brizendine also includes an appendix regarding the brain and sexual orientation, as well as lengthy endnotes and an exhaustive reference list."--Publishers Weekly, Starred Review"As a woman who has known complicated men her whole life, I can’t help but wish The Male Brain had been around when I was a girl. Dr. Louann Brizendine’s lucid, lively, and always fascinating discussion of how the male brain works (and why) has enlightened me in more ways than I can count. Now I can’t wait to give the

book to all my women friends."Ã¢â ¬â •Jane Fonda, actress and author of My Life So Far"Dr. Brizendine has marshaled a host of impressive data and insights and presented them in an elegant and entertaining way to clearly illustrate men's reality--as infants, boys, teens, lovers, husbands, fathers and workers. It's a deep dive into the worlds of men, as well as a fascinating read. And along the way, you will pick up some valuable tips to help you understand, appreciate and connect with the men in your life."--Helen Fisher, Ph.D., author of Why Him? Why Her? "It takes an extraordinary woman like Dr. Louann Brizendine to understand the male brain. She brings the latest in state-of-the-art science in helping us to understand the most ancient and primal of male passions and desires--and viva le difference! Highly recommended."-Dean Ornish, author of The Spectrum"The remarkable brain science behind Mars and Venus in a really enjoyable read! I think that this book, along with The Female Brain should be read by every parent, child, husband, wife, employer, employee, and dating age adult Ã¢â ¬â œ they bring love and understanding into our most important, and sometimes most frustrating relationships." -Martin L. Rossman, M.D., Clinical Faculty, UCSF; Founder, TheHealingMind.org, Clinical Professor of Medicine, University of California, San FranciscoÃ Â From the Hardcover edition.

This book, along with it's partner, The Female Brain, come close to explaining why it is that each gender has no clue about how the other gender thinks and feels.It focuses on how hormones, exquisitely timed to arrive before birth and at various stages of the maturing process, shape not only our gender but how we react, think and feel as males and females.Everyone in a relationship should read these books.One will help you understand yourself; the other will help you understand your partner.Also, the books sensitively and helpfully explain the biology of homosexuality. I don't know how anyone could read them and still harbor feelings of negativity towards our gay brothers and sisters.I've been in a wonderful marriage for forty seven years, but my wife and I agree it would have been even better had this book been around a few decades ago.Unreservedly recommended.

This is an excellent summary of current knowledge about the development of the human male brain, including sexual choice and general behavior. Highly recommended for the general reader!

This is an excellent read for men and women. It explains the biological tendencies of the male and a few (even) of the female. Also read The Female Brain. That is a must read for men and probably helpful for women.

Spot on. Would have been great to read before I had kids.

Great book. I lent it to my daughter to try to understand my Grandson. Wish this was mandatory reading for all parents. Important information in it.

One of my favorite books EVER. Eye-opening and a fast, furious read. Loved it. Highly recommend The Female Brain, too.

I read Ms. Brizendine's first book, the Female Brain, years ago and found it to be an informative, easy to read book. I was naturally fascinated by this title when it was realized, so I bought a copy and read it as well. It provides an informative look at the inner workings of the male brain that I found to be very interesting. I highly recommend both of Ms. Brizendine's books.

Engaging, fun-to-read, but less scientific and more "pop" psychology than I expected. I was hoping for a bit of a deeper interpretation of the differences in brain chemistry and more of the complicated factors that causes differences among genders and between men as well. It is presented almost like a stereotype - evidence is geared towards promoting the old notion that men are driven by sex and women by emotional connection. I think she provides an overly simplistic view of how these very complex hormones function and interact with each other, and avoids discussing the key differences between men.

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